




OBJECTIVE

"REMEMBER: 'FAILING TO PLAN IS PLANNING TO FAIL!' 'KEEP RECORDS & DAIRY'

GOALS:

(2) Avoidance behavior (dropping off)  (3) Excuses (negatives) 

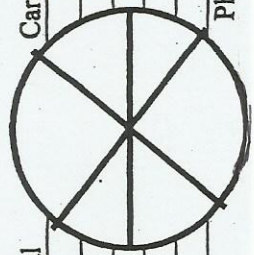
(1) Excitement phase (4 weeks)  (4) Blame (not responsible)

FAILURE CYCLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

ANCE IS THE KEY  "REMEMBER: In time management you must BALANCE all 'three' aspects of 'wellbeing' MIND, BODY & SPIRIT'

Financial Career 'Score zero to ten' on the 'balance' wheel of life EVERY 3 Months'



Financial
Social
Family
Mental & Spiritual
Physical