



## Amino Acids & Supplements The Pathway to Total Health Introduction by Graham Healy

### Graham Healy's background

- Graham has been in the industry for 40 years ,and has a background in Boxing, Martial arts and Olympic Weightlifting (Trained by famous Olympian Nevil Perry) (refer page 12 of records attached)
- Graham Has Diplomas in sports-coaching and fitness
- Graham is an 8th Dan Black Belt Master in the Martial Arts.
- Qualified Christian minister
- He was the Marketing manager of pacific fitness and has promoted many health centres in the Brisbane and Gold Coast areas.
- has a multi-faceted experience of all areas of the health and fitness industry.
- Graham literally trains the trainers as well as still keeps practical hands on approach to everything he does.

It all Started when I entered my Grandfather Boxing Gym almost 50 years ago .

see link re Healy's family Boxing History on [www.healyshealth.com](http://www.healyshealth.com)

refer: <http://www.healyshealth.com/#!bert-healys-boxing-history/ciuu>

Boxing then Olympic Weight-lifting ,Martial Arts and various sports like rugby league, water polo, competitive swimming, middle distance running and this all lead to me eventually owning my own health Club in 1989 in Townsville North Queensland.

Called Healy's family Fitness Centre we were the biggest Health Centre in the Town and had almost 2,000 members .

Suddenly I had to Elevate myself from Sports-man to Health and Fitness Advisor and had to FAST-TRACK my knowledge on periodization of training and cross-training not only for myself but now for my almost 2,000 members too.

**Enter my Fitness Educator** and life-time friend and Australian Sports Scientist and Wold Champ Concept 2 Rower Leo Young and Tony Shields (now Professor).

Leo Guided me through many health and fitness science questions and Answers as I completed the Fitlink courses and became a qualified Fitness Instructor (with a real background to start with) my association with the Original Fitnlink founders and Leo Young continues to this day . Gary and Deb Tapiolas were Educators of the highest calibre. Those days Fitness Education was based on correct scientific teaching principles (not as it is today based on a money making ponzi scheme ) with 'so called' mentors barely 25 years of age.

See my discussion on the Deterioration of fitness education over the last 10 years especially.

<http://www.healyshealth.com/#!vet--hit-difference-/c11re>

**Enter Mark Duncombe from Bullivants Health company .**

Mark was a qualified sports naturopath and competitive natural body-builder from Canada now living in Australia.

Mark's knowledge was invaluable to me as he advised me on Amino acids and sports supplements for over 10 years , until Bullivants (at that point still owned by Vaunhan Bullivant (Doctor of Science and natural medicines ) and former world Champion water skiing champion sold the company Virginia Brisbane Queensland , where Vaunhan build a Health and wellbeing empire from a small heath shop to a National and International Company.

Unfortunately , once Vauhan Bullivant sold the company it just become 'corpertised' and impersonal and Mark Duncombe resigned and Joined the French Foreign legion (TRUE STORY) Mark was an 'action man who practiced what he preached.

To this day I have Vaughn Bullivants original books on supplements, herbs and natural chinese plants

etc for Health and Wellbeing. "The natural Way to Better Health and Longer Life" by Vaughn Bullivent (it's a Bible of Information).

**Enter Sports and Health & Wellbeing Naturopath Rodney Campbell from Musashi .**

Musashi , like Bullivants at the time was an Australia owned company and one of the pioneers in Amino Acid distribution .

I guess myself and Rodney Campbell spent thousands of house discussing, analysing and solving Sports Nutrition problems including Health and wellbeing issues , even hospital cases we advised on supplementation .

We were and still are close friends to this day .

Unfortunately Musashi went through a few corporate changes , and as of 2015 is no longer an Australian Company and all the Key Staff resigned and Left including Rodney Campbell .

A professional relationship with Musashi's top Sports Naturopath ended after 20 years of analysis and helping people from all walks of life .

Rodney now works with a health Food Australian owned stores in Melbourne Australia .

**Enter the Maxwell Family Dan, John and Fay Maxwell** owners of the number one Supplement store in Australian (Brisbane) Ada Street Supplements. Brisbane Queensland.

Graham Has been working with the Maxwell family in association now for over 10 years.

Dan, John and fay are a family owned 100% Australian Business and they do not compromise Quality of Product.

They had so much trouble with other companies keeping true to their product and quality ingredients that they had no other choice then to build their own factory and produce their own brand of supplements to preserve the INTEGRITY of delivery and Quality of product to their valued clients. Hence URBAN MUSCLE was BORN.

I thank God that in this 'commercially' orientated business world where 'compromise' for money is the priority rather than 'quality product' and 'customer results' and service that there is least one 100% owned Australian family company that I can TRUST 100% and rely on the advise and know personally there is absolutely NO COMPROMISE on quality of Product to Client.

Whats on the label is IN THE PRODUCT and URBAN MUSCLE has TGA approval Therapeutic Good Admin (Australian Government authority on all retail products sold to the public)

<https://www.tga.gov.au>

Unlike network marketing 'hype' products that HAVE ZERO TGA approval (under the radar and Bull-s rules that Kingdome). <http://directsalescounsel.com/tga-warning-1>

Also URBAN MUSCLE is ASADA 'SAFE' Australian Sport Anti-doping Authority

<https://www.asada.gov.au>

and WADA 'SAFE' World Anti Doping Authority

<https://www.wada-ama.org>

So in saying that you may read the personal references I have posted on my wen site from the Maxwell Family and Rodney Campbell as to my 'legitimate' connection with the cutting edge authorities in naturopathic Health and wellbeing and Sports Supplementation .

see Here: <http://www.healyshealth.com/#!c1supplement-analysis/c1zke>

**HEALY'S HEALTH URBAN MUSCLE AMINO ACIDS & SPORTS SUPPLEMENTS are committed to You the Customer to give you the 'tried and tested' FACTS and the BEST PRODUCTS and we are athletes ourselves so every product we use ourselves.**

Remember "YOUR HEATH IS YOUR GREATEST ASSET"

Graham Healy

[www.healyshealth.com](http://www.healyshealth.com)

[www.healyshealthstore.com](http://www.healyshealthstore.com)

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