



Regions Effected	compressed nerve results	
C	Neck vessels, Large pituitary gland, Face, Brain, Middle ear, Inner ear, Sympathetic nervous system.	Headache, Nervousness, Insomnia, Head rheumatism, Hypertension, Trance, Dizziness, Periodic headache disorders, Amnesia, Fatigue.
C2	Ophthalmic, Ear nerve, Sinaus, Tongue, Forehead, Mastoid bone.	Sinusitis, Allergies, Hearing loss, Eye problems Earache, Dizziness, Some kind of blindness, Strabismus, Tinnitus.
C3	Jaw, ear, Face bones, Teeth, Trigeminal nerve.	Neuralgia, Neuritis, Acne, Eczema.
C4	Nose, Lips, Mouth, Ears, Pharynx tube.	Hay fever; Deaf, The proliferation of pancreatitis
C5	Vocal cords, Neck glands, Pharynx.	Laryngitis, Hoarseness, Sore throat.
C6	Neck muscles, Shoulder, Tonsils.	Neck, Arm pain, Tonsillitis, Whooping cough, Asthma.
C7	Thyroid, Shoulder, Elbow bursa.	Bursitis, Colds, Thyroid symptoms.
T1	The following parts of the elbow, Esophagus, Trachea.	Bronchial asthma, Cough, Shortness of breath, Wrist pain.
T2	Heart, Including coronary arteries and valve.	Functional disorder heart disease, Chest pain.
T3	Lung, Trachea, Pleura.	Bronchitis, Pneumonia, Pulmonary congestion (pleurisy), Influenza.
T4	Gall, Bile duct.	Gall disease, Shingles, Jaundice.
T5	Liver, Solar plexus, Blood.	Liver disease, Fever, Low blood pressure, Anemia, Poor circulation, Arthritis.
T6	Stomach.	Nervous gastritis, Indigestion, Heartburn.
T7	Pancreas, Duodenum.	Diabetes, Gastritis.
T8	Spleen.	Reduce resistance.
T9	Adrenal.	Allergy, Measles.
T10	Kidney.	Kidney disease, Arteriosclerosis, Fatigue, Pylonephritis Nephritis.
T11	Kidney, Ureter.	Acne, Small pimples, Eczema and other skin tumors.
T12	Small intestine, Lymphatic system, Oviduct.	Rheumatism, Flatulent, Sterility.
L1	Large intestine, Inguinal.	Constipation, Colitis, Diarrhea, Abdominal stripes, Hernia.
L2	Appendix, Abdomen, Thigh.	Appendicitis, Cramps, Difficulty breathing, Vascosity.
L3	Reproductive organs, Uterus, Bladder, Knee.	Bladder disease, Menstrual disorders, Miscarriage, knee pain.
L4	Prostate, Lower back muscles, Sciatic nerve.	Sciatica, Low back pain, Dysuria, Urinary frequency.
L5	Leg, Ankle and foot.	Poor leg circulation, Leg weakness, Ankle swelling.
Sacrum	Pelvis, Hip.	Sacroiliac joint disease, Spine bending disease.
Coccyx	Rectum, Anus.	Hemorrhoids, Pruritus, Pain in the coccyx.

⊙ = Cervical vertebrae

⊕ = Thoracic vertebrae

⊖ = Lumbar vertebrae